

RULES SUBMISSION ONLY CHAMPIONSHIP

General Rules

- All typical/general BJJ & grappling rules apply i.e. don't put your hands /fingers where they don't belong!!
- Any competitor who will not act appropriately will be disqualified immediately for the remainder of the competition
- Any coach who will not act appropriately will be disqualified immediately and also his team will be disqualified for the remainder of the competition

Major rules that cause immediate disqualification

All Divisions BJJ & Grappling:

- NO Slamming
- NO Spiking
- NO step over guard pass

Rules for BJJ by division

- All Divisions will follow the rules of the IBJJF
- Submission allowed for Kids & Teens
 - All armlocks
 - All chokes

Rules for GRAPPLING by division

- All submissions are allowed with the exception of
 - Kids: only armlocks and chokes
 - Beginner: NO heel hooks & NO knee reaping